



LOUNGE 3 BEAUTY SPA

Organic Skincare & Beauty

TREATMENT MENU
& Price List



LOUNGE 3 BEAUTY SPA

Organic Skincare & Beauty

*17 years experience in the beauty industry,
offering a comprehensive range of beautiful
treatments and products using natural
ingredients and the latest techniques.*

THE LOUNGE 3 LUXURY FACIAL

1hr - 1hr 45mins | £40-£75

*I focus on your skin's needs that day and tailor-make
an individual combination of advanced facial
treatments for a unique results.*



Look for this symbol for my
favourite and most popular treatments

THE REVOLUTIONARY SKIN HEALTH TREATMENT PROVEN TO FIGHT THE SIGNS OF AGEING!

Thanks to the innovative science behind A-Lift, the effects of ageing can be reversed in a non-invasive, non-surgical treatment that is proven to improve your skin's structure. This will result in a reduction in lines and wrinkles, firmer face and neck muscles and healthier more youthful skin. The A-Lift is pain, surgery, chemical and injection free.

Notice results after the first treatment which last up to six months with regular appointments. A-Lift uses nano-current and micro-current technology to combat ageing at a cellular and muscular level, which leads to better structure, improved toning and lift so the skin looks younger and refreshed!

ANGELIC RITUAL

The A-Lift signature facial treatment is designed to alleviate more pronounced fine lines and wrinkles, target and reduce the appearance of puffy eyes, regain elasticity and structure and result in a smoother radiant complexion.

This is an intensive but extremely relaxing treatment.

1hr | £45

PURE ZENERGISE

A candle holistic experience that treats mind, body, and soul and leaves you feeling more energized.

The treatment combines a deeply relaxing massage with cell regeneration and lymphatic drainage, focusing on the upper arms, décolleté, neck, face followed by a relaxing scalp massage.

1hr 15mins | £55

A-LIFT HAND TREATMENT

For hands that are looking tired, dry, and crepey, this results in more smooth, hydrated and plumper, youthful skin. This treatment includes cleanse, exfoliation, A-Lift cell regeneration, hand massage and serum to finish.

45mins | £30



A-Lift Non Surgical Facial

DIVINE INDULGENCE

Combining an angelic ritual A-Lift facial and hand treatment, with a rejuvenating, super-relaxing aromatherapy massage and mask. In addition to immediately visible results, you will have a heightened sense of well being.

Equally suitable for anyone feeling exhausted, stressed, fatigued, lethargic or recovering from illness.

1hr 30mins | £65

Option without hand treatment: £60

My clients really enjoy having this fabulous relaxing facial because of the benefits and results the treatments gives to their skin. They fall asleep every time waking up with refreshed, glowing, tight, lifted skin.





LONDON

EVE TAYLOR AROMATHERAPY

Eve Taylor is the founder of the Institute of Clinical Aromatherapy and regarded as the pioneer of modern aromatherapy. Eve Taylor products follow a criteria of being naturally safe. They do not contain mineral oil, alcohol or artificial fragrance, are paraben free, and not tested on animals. Pure natural plant extracts and essential oils are used.

All facials include a skin consultation to allow me to tailor your treatment to your specific needs.

EVE TAYLOR LUXURY FACIAL

Nourish tired skin and diminish fine lines and wrinkles.

This treatment starts with a double cleanse, tone and exfoliation, and an essential oil massage to the decollete, shoulders, neck and face. Followed by a tailored mask which is applied to your face and neck and a relaxing scalp massage.

1hr | £40

EVE TAYLOR EXPRESS FACIAL

Relax and rejuvenate with natural plant extracts and the sensory smells of pure essential aromatherapy oils. This treatment includes a double cleanse, tone, exfoliation, application of pure essential oil to face and neck. Followed by a tailored mask which is applied to your face and neck and a relaxing scalp massage.

30mins | £25

CLEANSING MALE FACIAL

A deep cleansing facial specifically suited for men's skin.

This treatment starts with a double cleanse, tone and exfoliation, and an application of pure essential oil to the neck and face.

Followed by a clay mask and a relaxing scalp massage.

45mins | £35

ADVANCED MALE FACIAL

Anti-stress and unwind with a back massage, followed by a double cleanse, tone, exfoliation and relaxing aromatherapy neck, shoulder, and face massage. Followed by a clay mask and a relaxing scalp massage.

1hr 30mins | £50



In a young person it takes approximately 28 days for a cell to travel from the germative stage to the surface. The skin actually exfoliates almost a layer a day independently of any application of products. As a teenager instability in hormonal changes can often mean increases in sebum output and can create a build up of debris on the surface causing skin irritation.

teen-skin
actives

Teen-skin actives offers a natural, no fuss solution to normalise, control and correct young skin during it's formative years and into adulthood. Establishing a good skincare routine during this period is vital for the future.

THE TEEN-SKIN TREATMENT

Teen skin treatment includes a relaxing skin wash, cleanse, lotion tone, skin exfoliation, and skin mask. Treatment also includes a relaxing face and scalp massage, and to finish, skin defence day cream and spot gel if needed.

45mins | £25

The ideal solution for teenage skin.



For younger clients wishing to make a start on their skin-care journey, Teen-active products can be purchased at the salon.

TEEN SKIN

FACIALS



MICRODERMABRASION

Microdermabrasion is a safe, controlled and painless treatment that intensely exfoliates and resurfaces the skin. Ultra fine crystals gently remove dead skin cells layer by layer, and a vacuum action stimulates the circulation and promotes increased blood flow to the area.

EXPRESS FACIAL 30 mins | £30

Course of 6 treatments £150



DELUXE MICRODERMABRASION FACIAL

1hr | £42.50 Course of 6 treatments £235

This treatment exfoliates and rejuvenates skin, treating fine lines, wrinkles and acne scarring. Revive dull, tired skin, ageing skin, uneven skin tone and pigmentation by removing the skin's dead cells leaving the skin looking fresh and smooth as soon as the treatment is over.



DEEP CLEANSE FACIAL

A customised treatment using galvanic and high frequencies. Double ionisation penetrates the active ingredient deep into the skin for optimal results, maintaining a healthy complexion.

1hr | £48



EYE TREATMENTS

The formulation of RefectoCil Sensitive is unique. It is the first eyebrow and eyelash tint that works in just three minutes. Based on plant extracts it's ideal for the most sensitive eyes. Dermatologically & ophthalmologically tested.

Eyelash tint	£10
Eyelash and eyebrow tint	£15
Eyebrow tint	£7
Eyebrow shape and tint	£14
Eyebrow tint, eyelash tint & eyebrow wax	£22

** Please note, a tinting patch test is required 24 to 48 hrs prior to treatment*



SPARITUAL®

*Simplicity is the
keynote of all
true elegance.*

SPARITUAL NAIL POLISH

Sparitual polish uses 100% vegan ingredients, which are all certified organic and fair trade. All the nail lacquers are formulated without DBP, toluene, formaldehyde and formaldehyde resin. Specially sourced from selected plant essences, wild-crafted and organic, Sparitual uses quality essential oils and extracts which have delicate and sophisticated aromas that can be blended with other scents to create a relaxing, stimulating or healing experience during your treatment.

SPARITUAL SHAPE, FILE AND POLISH	30 mins	£12
SPARITUAL LUXURY MANICURE	1hr	£25
SPARITUAL TOES SHAPE, FILE AND POLISH	30 mins	£12
SPARITUAL LUXURY PEDICURE	1hr	£27

WAXING



OUTBACK GOLD WAX TREATMENTS

For sensitive delicate skin I use a gold peelable wax antiseptic gel cleanser and botanical body oil to treat tough difficult hair. The soothing botanical body oil which is known for its nourishing and softening properties is applied to the skin before and after waxing.

Lip or chin	£10	Underarm	£12
Lip and chin from	£15	Eyebrow	£10
Bikini from	£12		



Outback Organics wax is for all hair and skin types and, alongside effective aftercare products, is the key to ensuring your hair removal process goes smoothly and leaves your skin with no stickiness or unpleasant residue. I use antiseptic gel cleanser and botanical body oil, to create a barrier between the wax and skin. This makes the waxing procedure a more comfortable treatment. Outback Organics is free from parabens, sodium lauryl sulphate, SLES, mineral oils, and artificial fragrance. None of the products have been tested on animals and each is free from harsh synthetics.

Please note, a waxing patch test is required
24 to 48 hrs prior to treatment.

WAXING TREATMENTS

Full leg wax	£22	Bikini extended	£15
Full leg and bikini	£28	Brazilian	£18
Three quarter leg	£18	Lip or chin	£8
Half leg and bikini	£20	Lip and chin	£10
Half leg	£15	Eyebrow	£8
Underarm	£10	Face	£10
Full arm wax	£13	Gents back from	£18
Forearm	£10	Gents chest from	£18
Bikini	£10		



VITA LIBERATA
PROFESSIONAL

TanOrganic
Be Beautiful, Be Unique, Be Natural

(Patch test required 24hrs before)

VITA LIBERATA

Vita Liberata is a luxury organic tan. A best seller for Brides who want a natural glow and with a choice of shades for you to choose from. The fabulous odourless, tinted lotion is highly moisturising with an instant colour that develops into a lasting tan over 4-8 hours. Designed to give soft hydrated skin and a natural tan.

Vita Liberata self tan treatment includes a body exfoliation and a full body application of tan. (face optional) £30

Retail Vita Liberata fabulous tinted lotion
Medium or dark tones. 100ml | £19.50

TAN-ORGANIC TAN OIL TREATMENT

Tan Organic is the world's first and only eco-certified self-tanning oil made with 100% natural ingredients, 95% organic. Being a gradual tan this allows you to control the colour. Ethically made, environmentally friendly & PETA approved its citrus scent leaves a delicate, fresh fragrance with a moisturising action like no other.

Tan Organic treatment includes a body tan erase exfoliation and full body application of tan (face optional) £30

Retail Tan Organic 100ml | £25

TANNING

BODY TREATMENTS

BODY TREATMENTS

Exfoliation effectively sloughs away dull dry surface encouraging cell renewal and gently stimulates circulation by promoting the detoxification process.

Pure essential oils leave a smoother, softer feel to the skin.

FULL BODY EXFOLIATION (without application of moisturiser)

30mins | £17.00

FULL BODY EXFOLIATION WITH APPLICATION OF MOISTURISER

45mins | £25.00

FULL BODY EXFOLIATION AND FULL RELAXING BODY MASSAGE

1hr 30mins | £50.00

HOLISTIC BODY TREATMENTS

Aromatherapy combines the use of essential oils and therapeutic massage.

The beneficial properties of essential oils make an aromatherapy massage ideal to help with pain relief relieve tired muscles, and help to prevent cellulite.

These treatments help to improve physical and mental well-being, ideal for people suffering from stress and anxiety. By increasing the blood flow and drainage from the lymphatic system the treatment focuses on the release of blockages therefore improving the flow of energy around the body.

AROMATHERAPY SWEDISH FULL BODY MASSAGE

1hr | £40.00

SWEDISH BACK, NECK & SHOULDER MASSAGE

30mins | £25.00



*Relax the mind
Renew the body
Revive the soul*



INDIAN HEAD MASSAGE

A calming treatment based on the 1000 year old Indian Ayurvedic system of healing. It is especially good for relieving stress tension, fatigue, insomnia, headaches, migraine and sinusitis. Indian Head Massage improves blood circulation and lymphatic flow, freeing any knots of muscular tension and eliminating the accumulation of toxins and waste products. This experience will leave you feeling energised and revitalised.

45mins | £30



HOT STONES TREATMENTS

Hot Stones therapy uses smooth heated basalt stones placed on specific points on the body to melt away knots tension and stress, creating a feeling of comfort and relaxation. The heat from the stones helps relax deep tension in the muscles tissue and stimulate the circulation, releasing toxins and smoothing cellulite. The holistic approach aims to heal the whole person not just addressing the individual symptoms. As an extra treat, a muscle and joint gel is applied to the tension area to help relieve aching muscles, joint tension and tightness. This treatment is ideal for golfers, tennis players and other sports activities causing repetitive motion.

HOT STONES FULL BODY MASSAGE to include face and scalp

1hr 15mins | £50

HOT STONES BACK, NECK AND SHOULDER

30mins | £30

HOT STONES LEG AND FOOT MASSAGE includes body brushing

45mins | £35

HOT STONES LEG TREATMENT course of 6 £180

LOUNGE 3 PACKAGES

RELAX & UNWIND

Classic Eve Taylor Facial,
Swedish back, neck &
shoulder massage, plus
your choice of polish to
fingers or toes.

£50

JUST CHILL

Hot stones back, neck &
shoulder treatment and a
luxury Eve Taylor facial

£55

*upgrade to the non-surgical
Angelic A-Lift facial:
£10 extra


PRE PREP & PARTY

Half leg, bikini & eyebrow
wax*, lash tint, polish to
fingers or toes and a tan
application of your choice

£57

*waxing 24hrs before tanning

JUST FOR YOU PACKAGE

Create your own personal
package for yourself
or a loved one. 

ME TIME

Full body exfoliation, relaxing
Eve Taylor body massage &
an Express Eve Taylor facial*

£68

*upgrade to the non-surgical
Angelic A-Lift facial:
£10 extra

THE ULTIMATE BRIDAL GLOW PACKAGE £200

Two Deluxe microdermabrasion facials (2 weeks apart)

Two A-Lift Angelic facials (1 week apart)

An A-Lift Divine Indulgence facial (inc. A-Lift hand treatment).

A back, neck & shoulder massage.

BRIDAL TAILOR PACKAGE £POA

*Choose your treatments to suit your needs
and receive a special bridal discount.*

GIFT 
VOUCHERS
available for all occasions

OPENING TIMES

Sun/Mon Closed

Tuesday: 9am-5.30pm

Wednesday: 9am-5:30pm

Thursday 9am -7pm

Friday 9am-6pm

Saturday 9.30am to 3pm

t: 01253 730843 m: 07807 021835

e: philo@lounge3-beauty-spa-lytham.co.uk

3 Bath Rd, Lytham St. Annes FY8 5RL

www.lounge3-beauty-spa-lytham.co.uk

24 hours notice required for cancellations to avoid a charge.



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